



Beverly Beuermann-King

*Delivering excellent content to
TEC groups since 2016*

Beverly will be joining us to share her presentation titled:

Work Smart Live Smart Strategies for CEO'S to Encourage Engagement, Productivity and Combat Burnout

As the driving force behind WorkSmartLiveSmart.com since 1995, Beverly has been at the forefront of transforming teams across diverse industries, including healthcare, education, government agencies, finance, and not-for-profit sectors, from overwhelmed to resilient powerhouses. Her presentations, rooted in extensive research and drawing from her background in psychology, sociology, management, and adult education, are both enlightening and practical, offering audiences the precise strategies needed to improve mental health, tackle workplace challenges, and amplify overall life satisfaction.

About Beverly

For over 25 years, Beverly has been guiding individuals and organizations toward mastering their reactions to stress, cultivating a culture of resilience, and achieving thriving, successful lives through her innovative S-O-S Principle™. Beverly has been at the forefront of transforming teams across diverse industries.

As a TEC Canada speaker for over a decade, Beverly empowers you to conquer stress, cultivate resilience, and unlock the secrets to an engaged and productive team.