

# Sheila Smigarowski

*“As someone who knows first-hand the isolation that comes with positions of entrepreneurship and business operations, my members are always equipped with a supportive group to help solve any problem.”*

TEC CEO Chair  
Edmonton, AB



## Hello!

I am a highly accomplished executive leadership coach and risk management consultant. For over three decades, I have inspired and supported leaders and businesses to reach their goals, delivering quality results in the public, private, and non-profit sectors. From hospitality to financial services, mining to retail industrial machinery, I have made my mark with my work ethic and unwavering commitment to excellence.

Throughout my career, I have led risk and audit teams, reported to the Board and its sub-committees, managed budgets of up to \$2.4 million, led complex internal audits, and optimized a Bill 198 financial controls programs. In leading Enterprise Risk Management (ERM) programs, I facilitate meaningful operational conversations around risks and opportunities and has enhanced the effectiveness of risk management and governance within the organizations I assist. Additionally, I was appointed the Chair of the Institute of Internal Auditors (IIA) Board of Directors in Canada, and served on its Board for eight years. I have also facilitated IIA public seminars and as a Quality Assessor to the IIA's Professional Standards, having been an active member of the Institute of Internal Auditors (IIA) for over two decades.

My passion lies in building leader capacity and mentoring leaders both personally and professionally. I hold certifications from the International Coaching Federation and the Coaches Training Institute, offering leadership and executive coaching within my consultancy firm.

As the Board Chair of McDougall House, a “second stage” women’s residential addiction treatment facility, I continue to make a positive impact in my community. With my track record of inspiring growth and navigating business transformations, members of my TEC CEO group can look forward to experiencing the rewards that come with my leadership as a TEC Chair.

On a personal note, I hold a Bachelor’s degree with distinction in Accounting from the University of Saskatchewan and professional designations including Chartered Accountant (CA), Certified Internal Auditor (CIA), Certification of Risk Management Assurance (CRMA), and the Audit Committee Certified (A.C.C.) designation from The Directors College. Having grown up on a farm in northern Saskatchewan, I’ve learned the value of hard work and perseverance. While I’ve lived in various places, my partner and I have called Edmonton home for 15 years, sharing a passion for golf.

## My TEC Group Vision

I inspire members to weave beautiful tapestries of transformation and growth in their personal and professional lives. I am passionate about learning, growing, and expanding with ease and attract top business leaders interested in the same outcomes while supporting others.

## Let’s Start the Conversation

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## Take The Leap Towards Transforming Your Leadership Skills Now!

Connect with me today to start your journey towards growth and opportunities that align with your business and personal goals. Elevate your business and personal success with me and my group of exceptional business leaders by your side!

Respectfully Yours,

**TEC**CANADA